

Wisdom Qigong



*Dashi Chu Kocica, AP
Asian Healing Arts*

Experience the remarkable healing results of Wisdom Qigong,* the #1 system of medical Qigong in China. In this series you will learn the 20-minute foundation form practiced in the world's largest Qigong hospital in China. Together we will create a "group healing Qi Field" and learn powerful visualizations and gentle movements to optimize your health, vitality and inner peace.

**Also known as Chi-Lei® Qigong in USA and Zhineng Qigong in China*

DATES: Tuesdays, September 20, 27, October 4, 6.00-8.00 pm.

COST: \$120 for 3-week series; single session \$45

PLACE: Polestar Pilates Center, 1500 Monza Ave, Suite 350, Coral Gables, FL 33146

REGISTER: 305-740-6001 CONTACT DASHI: Cell 305-776-0760

6 CEUS FOR MASSAGE THERAPY CEUS (NCBMTB & FL) DVD available.

***Dashi Chu Kocica, AP**, is an Acupuncture Physician specializing in Asian Healing Arts and Educational Director of the Center for BioTherapeutics in Miami. She teaches the healing benefits of Qigong, Taiji, and yoga at home and abroad, and is author of 7 DVDs on self-healing and rejuvenation. Dashi is a China-certified Teacher of Wisdom/Zhineng Qigong, Certified Facilitator/Trainer of Supreme Science Qigong and Certified TriYoga® Instructor. Visit www.asianhealingarts.org to read Dashi's healing story and articles on Wisdom Qigong. To receive her email calendar with classes, workshops and international retreats, email "subscribe" with your name, city and telephone to info@asianhealingarts.org.*