

Qigong Summer at Polestar Miami

**with Dashi Chu Kocica, AP
Certified Supreme Science Qigong Trainer/Facilitator**

August 7 & 28, 2011:

Qigong Healing Instructor Certification Training



Students seeking to become Certified Supreme Science Instructors (Level I) must attend the Part I & II Instructor Trainings and pass both exams. Upon successful completion of the Part II exam, photos will be taken for the Supreme Science Qigong Foundation website, www.QiRevolution.com. Each Instructor will have their photo and profile posted on the Instructor page where they can be located by name, state and city. Templates are provided to create a personal profile including bio, contact information, and listings of their Qigong classes, workshops and events. Instructors may participate in the Qigong community through the blog, assist 4-day Supreme Science Qigong national events and pursue trainings for Levels II & III.

August 7: Qigong Healing Instructor Training Part I: "I can do the forms from memory"

The morning will be dedicated to review and practice. In the afternoon, students will be tested on their ability to enter into a "Qigong state" and practice the 5-form series from memory in front of the group."

August 28: Qigong Healing Instructor Training Part II: "I can teach the forms"

The morning will be dedicated to review and practicing voice projection, modulation, focus and expression while leading the forms. In the afternoon, students will be tested on their ability to teach the 5-form series to a group of students. *(Please bring suitable clothing for the Instructor photo).*

Cost: \$75 per workshop . Time: Sunday, August 7 & 28, 9.00-4.00 pm. Place: Polestar Miami, 1500 Monza Ave, Suite 350, Coral Gables, FL 33146. To register call Polestar Miami at 305-740-6001. Credit cards accepted. For more information call Dashi at 305-776-0760.

Your Instructor: *Dashi Chu Kocica, AP, is an Acupuncture Physician specializing in Asian Healing Arts and Educational Director of the Center for BioTherapeutics in Coral Gables. She teaches the healing benefits of Qigong, Taiji, and yoga at home and abroad, and is author of 7 DVDs on self-healing and rejuvenation. Dashi is a Certified Facilitator/Trainer of Supreme Science Qigong.. Visit www.asianhealingarts.org for her calendar of classes, workshops, retreats and DVDs. To receive her Email Calendar, please send your name and tel to info@asianhealingarts.org.*